

OUR skin and its COLOR!

Our skin is one of our five sensory organs and it does several things. For instance, it covers and protects our bones and muscles. It also keeps our body temperature the way it should be. The skin on our fingers allows us to feel shapes, materials, textures, and sizes.

Our skin has different thicknesses, and colors. If someone decided to count every shade of skin in the world, which includes many types of browns, blacks and peaches, they wouldn't have any time left to do anything else, not even to sleep or play. Think about fruit skins. Do they have different colors and textures too? What about leaves?

Go for a nature walk and collect 4-5 leaves of different shapes and sizes. Did you notice dark, light, and in-between tones of green? Learn the names of the leaves and different shades of green. Next, make a pattern using the leaves you collected.

● STEP 1

Begin by deciding on a color scheme for your artwork. Choose both light and dark colors. Pick a leaf and the lightest color from your paints. Paint the leaf all over, including all the way to the edges. Remember to place the leaf on scrap paper before you paint it, so it doesn't make a mess.

● STEP 2

Now press the leaf on your art paper, paint side down, using your hand or a spoon. Be careful not to shift the leaf. Then, lift it gently. Make more impressions with this leaf. Wait for the paint to dry before moving on to the next leaf and a darker color.

● STEP 3

You can make cool patterns by using the other leaves. (Remember, always let the paint dry between colors. Wet paints smudge each other and may make your artwork look messy.)

